

STUDENT SUCCESS

COLLEGE ORIENTATION CLASS

Who is required to take this class?

- Anyone required to take Learning Support classes (with exceptions)

What are the exceptions?

- Anyone required to take Learning Support Math only (Math 0097 & Math 0099)
- Any returning student
- Any transfer student
- Any student in the Cooperative Program

Why is this course offered?

- To help students acquire the skills necessary to have a successful college career, to teach them college policy and to help them research their career of choice

What does the course consist of?

- Myers-Briggs Type Indicator and Strong Interest testing
- Career research
- College policy
- Communication skills
- Test taking skills
- Note taking skills
- Study Skills
- Time Management
- Leadership styles
- Learning styles
- Library orientation
- Financial Aid speaker
- Pre-registration exercise
- Stress Management
- Goal setting
- Managing Test and Math anxiety
- Challenge Course experience

How long does it meet?

- It meets for 30 hours total

Can other students take the class?

- Yes. If an advisor notices that a student is having problems, he/she might recommend that the student take the class to help improve academic skills. Financial Aid does not cover the class if the student is not enrolled in Learning Support.

What if a student can't fit it into his/her schedule?

- The class should be prioritized, since it is there to help our students. Permission to exempt this class should be obtained from Carol Ann Ham (6734). Exemptions from the class are a rare exception, not the rule.