

**HEALTH AND PHYSICAL EDUCATION (1018)
RECOMMENDED COURSES FOR TRANSFER
ASSOCIATE OF SCIENCE DEGREE PROGRAMS**

RECREATION OPTION

Area A (Essential Skills – 9 Hours)		Credits	Term	Grade
ENG 1101	English Composition I	3		
ENG 1102	English Composition II	3		
MATH 1111	College Algebra	3		
Area B (Institutional Options – 4 Hours)				
See Area B of the Core Curriculum. Page 66.				
The following course is recommended, but other Area B courses are allowed. See page 66.				
PHED 2210	Sports Injury and Prevention	2		
Area C (Humanities And The Fine Arts – 6 Hours)				
Literature Course	See Humanities/Fine Arts page 67.	3		
The following courses are recommended, but other Area C courses are allowed. See page 67.				
COMM 1110	Public Speaking*	3		
Area Science, Mathematics, And Technology – 11 Hours				
Lab Science	See Area D Lab Sc.courses, pg. 68.			
The following courses are recommended, but other Area D courses are allowed. See page 68.				
MATH 1112 or MATH 2205	Trigonometry or Statistics	3 3		
Area E (Social Science – 12 Hours)				
HIST 1111 or HIST 1112 HIST 2111 HIST 2112 POLS 1101	Survey of World History I or Survey of World History II U.S. History Through 1877 or U.S. History After 1877 Am. Gov. in World Perspective	3 3 3 3		
The following course is recommended, but other Area E courses are allowed. See page 69.				
PSYC 1101	General Psychology	3		
Area F (Courses Related to the Major – 18 Hours)				
CISM 2201	Fund. of Computer Applications	3		
ACCT 2101	Principles of Accounting I	3		
BUSA 2106	The Environment of Business	1		
PHED 2201	Intro. to Health & Physical Ed.	3		
PSYC 2215	Human Growth and Development	5		
Area F electives	See Advisor.			
Area G (Physical Education – (1-4 Courses)**				
One course per semester of full-time enrollment with a maximum of 4 courses	1			
	2			
	3			
	4			
Two -Year Total		64-68		
*Oral Communication requirement may be met by completion of other communication courses. See Degree Requirements, page 63.				
**See AREA G of the Core Curriculum for fitness competency requirement.				